

# Transform

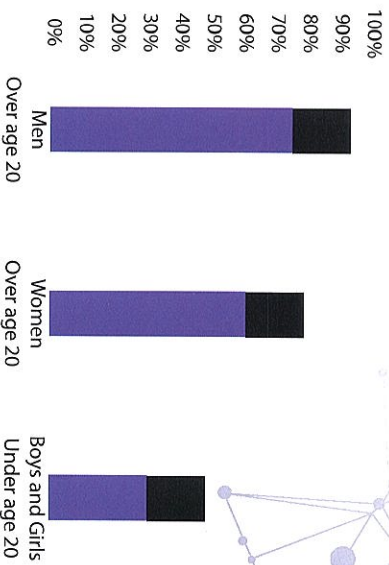
## MEDICAL WEIGHT LOSS

Transform Medical Weight Loss is a patient specific medical weight loss program. It is based on medical science and clinical data. It is NOT another diet or surgery.

### Goals of Transform Medical Weight Loss (TMWL):

- Identify the **root causes** of weight gain
- Establish lifetime tools for **healthful living**
- **Achieve desired weight loss results**

### Obese or overweight Americans in 1980 Obese or overweight Americans in 2020



### Staggering facts for America's men, women and children:

- Nearly 90% of American men are obese or overweight
- Nearly 80% of American women are obese or overweight
- 50% of boys and girls under age 20 are either obese or overweight

### These statistics have increased 19% since 1980

### The above trends bring many risks such as:

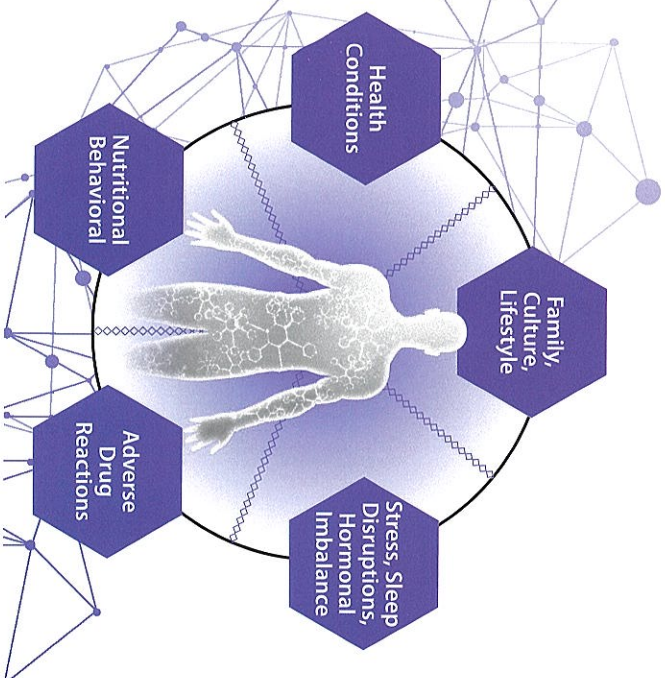
- Diabetes, Cardiovascular, Cancer
- Stress, Worry
- Increased medical bills

With the availability of extensive resources and top technology why is obesity at an all-time high, and increasing daily in America? The answer is simple — but not easy. **WE ARE ALL UNIQUE.**

**Transform Medical Weight Loss helps you achieve a healthy body weight through a customized plan for medical weight loss.**

Transform was created specifically to address an individual based on the cause of their weight gain. It recommends a solution(s) to obtain and maintain a healthy body weight. Understanding your current lifestyle, goals, and expectations are important. Identifying the root of WHY you are unable to lose weight is a key to success. Transform will assess all areas of your behavior, lifestyle and medical history to determine if there are other variables contributing to your weight gain. Whether you have 10 or 100 lbs to lose, TRANSFORM was created to equip and help you lose weight and establish a lifetime of healthful living habits.

Your weight loss challenges may not all be due to your food intake. Other factors are involved including some on this cycle:



Regardless of which one or combination of factors applies to you, there is **HOPE** in breaking free of this vicious cycle.

Your certified Transform provider will conduct an in depth exploration to understand and develop an individualized plan to help you achieve your goals.

Customized plans may include medications, additional supplements and/or lifestyle adjustments to help you achieve your health goals and best results.

## Transform Medical Weight Loss is the solution!

- ✓ Find a Transform Medical Weight loss provider
- ✓ Complete a simple intake
- ✓ Get blood labs
- ✓ Meet with your provider
- ✓ Learn why you gain weight
- ✓ Learn why you have trouble losing weight
- ✓ Obtain and implement a customized solution

**Are you ready to take the next  
step to TRANSFORM?**